



CITY OF GILLETTE

Administration
P.O. Box 3003 • Gillette, Wyoming 82717-3003
Phone (307) 686-5203
www.gillettewy.gov

MEMORANDUM

TO: Mayor and Members of the City Council
FROM: J. Carter Napier, City Administrator *JCN*
RE: General Information
DATE: July 29, 2016

The following meetings are scheduled for the week of **July 30th – August 5th:**

Tuesday, August 2nd

5:30 p.m. City Council Pre-Meeting, Agenda Attached

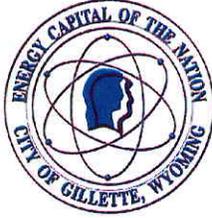
- Introduction of Robin Voight – Parks & Beautification Board
- 2016 2nd Quarter Updates
 - Camp-Plex
 - Lodging Tax Board
 - Chamber of Commerce
- Employee Handbook Discussion
- High Friction Road Surface Treatment Discussion
- Customer Service Billing Statement Outsourcing Discussion
- Review August 2nd Agenda
- Executive Session
- City Hall – 3rd Floor Conference Room
- **Dinner Served at 5:00 p.m.**

7:00 p.m. City Council Meeting

- City Hall – Council Chambers

1. Attached please find the **Current Monthly Calendar** for **August 2016**.
2. Attached please find **information requested by Councilman Jerred** regarding **watering at Campbell County High School South Campus** provided by **Waste Diversion Manager Foote**.
3. Attached please find a **memorandum** regarding **National High School Finals Rodeo Public Works Cost** dated **July 27, 2016** provided by **Public Works Director Wilde**.
4. Attached please find a **letter** regarding the **2016 National High School Finals Rodeo** dated **July 27, 2016** provided by **CAM-PLEX General Manager Paul Foster**.
5. Attached please find **Daily Water Usage Information** provided by **Utilities Director Glover**
6. Attached please find a **quarterly Wellness Newsletter** dated **August 2016** provided by **Campbell County Health Wellness Team**.
7. Attached please find the **Campbell County Fire Department Newsletter Issue 35** dated **August 2016** provided by the **Campbell County Fire Department**.
8. Attached please find **information** regarding **HDR** provided by **Development Services Director Hamilton**.

9. Attached please find a **flyer** regarding the **Children's Memorial Walkway Remembrance Ceremony** on **July 30, 2016** at **1:00 p.m.**
10. Attached please find a **flyer** regarding a **BNSF Railway Reception and Dinner** on **Sunday, August 21, 2016** from **5:00 p.m. - 7:00 p.m.**
11. Attached please find a **flyer** regarding **fundraising** for the **Shop with A Cop Program**.
12. Attached please find **thank you cards** from the **Senior Center**.



CITY OF GILLETTE

Administrative Services Department City Clerk Division

Karlene Abelseth, City Clerk/Print Shop
P.O. Box 3003, Gillette, Wyoming 82717-3003
Phone (307) 686-5210 Fax (307) 686-4810
www.gillettewy.gov

Pre-Meeting – 5:30 p.m.
City Hall – 3rd Floor Conference Room
Tuesday, July 19, 2016
Dinner Served at 5:00 p.m.

Pre-Meeting Topic(s):

- Introduction of Robin Voight – Parks & Beautification Board
- 2016 2nd Quarter Updates
 - Cam-Plex
 - Lodging Tax Board
 - Chamber of Commerce
- Employee Handbook Discussion
- High Friction Road Surface Treatment Discussion
- Customer Service Billing Statement Outsourcing Discussion
- Review August 2nd Agenda
- Executive Session

August 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
		City Council Pre-Meeting 5:30PM - 3rd FI 2nd Quarter Updates - Cam-Plex, Lodging Tax Board, Chamber of Commerce Employee Handbook Discussion High Friction Road Surface Treatment Discussion Customer Service Billing Statement Outsourcing Discussion City Council Meeting 7PM - Council Chambers	City/County/Town Meeting 5:30PM Wright Town Hall Consensus Revenue Funding for Joint Powers Fire Board & Related Projects Proposed Joint Powers Dispatch Discussion General Discussion			
7 Councilman McGrath's Birthday	8	9	10	11	12	13 Sportsman's Warehouse Grand Opening
		City Council Work Session 6 PM 6PM - 2nd FI Sixth Street Parking Discussion Curbside Service Recycling Discussion Solid Waste Three Yard Discussion NHSFR Solid Waste Expenses Discussion				
14	15	16	17	18	19	20
		City Council Pre-Meeting 6PM - 3rd FI Northland Village LID Discussion Communications Plan Discussion City Council Meeting 7PM - Council Chambers	2016 NEW Congressional Tour			125th Celebration Parade Gillette Avenue 1:30PM
21	22	23	24	25	26	27
		Primary Election City Council Work Session - Canceled	Quasiquicentennial 125 Year Anniversary		Edward Gillette Day	
28 BNSF Business Car Reception & Dinner 5PM-7PM	29	30	31			
		City Council Work Session 6PM - 2nd FI Council Tour of the Madison - East Councilman Jerred's Birthday				

ADDITIONAL INFO:

I spoke with two folks with CCSD to find out what is happening regarding the Councilman's phone call about South Campus.

Due to construction, their clock is not operable, so they have to irrigate during the day when a staff member is present to monitor because they cannot water at night, they do not water on Monday and will return to a "normal" schedule when construction is complete.

I hope this helps.

Regards,
Michael

Michael Foote, MPA

**Waste Diversion Manager
City of Gillette
PO Box 3003
Gillette, WY 82717
307-686-5228
www.gillettewy.gov**



CITY OF GILLETTE

Public Works
P.O. Box 3003 • Gillette, Wyoming 82717-3003
Phone (307) 686-5320
www.gillettewy.gov

TO: J. Carter Napier, City Administrator
FROM: Sawley Wilde, Public Works Director *SW*
DATE: July 27, 2016
RE: National High School Finals Rodeo Public Works Cost

Carter,

As you are aware, we received a request from the Campbell County Land Board to provide solid waste collection services to the CAM-PLEX during the National High School Finals Rodeo, which took place in Gillette, July 17th through the 23rd. The request was that the City provide any additional solid waste services free of charge to the CAM-PLEX. The Land Board has also requested a tipping fee waiver from the County for this same event. In addition, the CAM-PLEX asked for sweeping and water truck assistance from our Streets Division.

Below is a breakdown of the cost of services that were provided by Public Works.

Streets Division

Labor Hours	Labor Cost w/Benefits	Equipment Cost	Total
59.5	\$1,707.53	\$826.50	\$2,534.03

Solid Waste Division

Labor Hours	OT Hours	Labor Cost w/Benefits	Equipment Cost	Total
64.5	29.5	\$3,263.14	\$932.37	\$4,195.51

Below is a breakdown of the cost of solid waste collection for the 2016 rodeo.

Tons Collected	Tipping Fees	# of 3 Yarders Dumped	Additional Containers Dumped	Cost for Additional Containers
54.57	\$4,092.75	974	944	\$15,812

Total City of Gillette Cost of Solid Waste Service provided (including tipping fees): **\$10,822.29.**

Campbell County Public Land Board Cost for Additional Containers Dumped (974 total containers, minus the 30 that they currently pay \$1,910 a month for = 944 @ \$16.75 each): **\$15,812.00**

I will be discussing all of this information with the Council on August 9th. Please let me know if you would like additional information prior to that date.

SW/kk

1635 Reata Drive
Gillette, WY 82718

cam-plex@vcn.com
www.cam-plex.com



Phone 307-682-0552
Fax 307-682-8418
Tickets 307-682-8802

July 27, 2016

The 2016 National High School Finals Rodeo is over and nearly everyone I have visited with has complemented the great team that pulled it off. We are appreciative of all the long hours given to assure the success of this event. Many local business people have told me how their business was positively impacted by the rodeo. This event would not have been the success it was if it had not been for the many people who stepped forward to help by giving their valuable time and energy.

Please know we could not have accomplished this major effort without the help of your organization and your personal support. No words can express my true appreciation for all you have done to help make the rodeo a success so please accept my sincere **THANK YOU!!!**

You all represent the best our community can offer. Thank you, so very much!!!

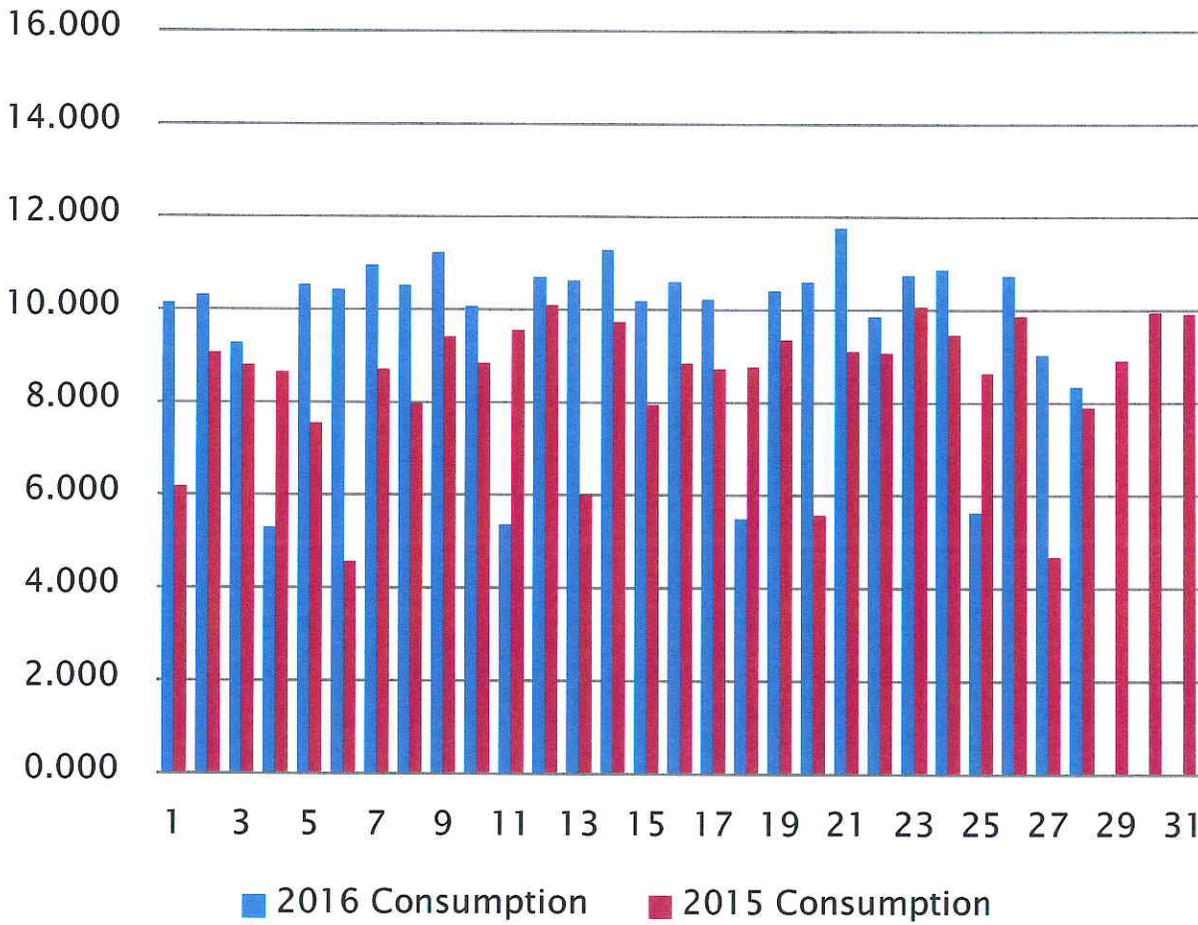
Very Sincerely,

A handwritten signature in blue ink, appearing to read 'Paul Foster', with a long, sweeping flourish extending to the right.

Paul Foster
CAM-PLEX General Manager

Attachment: Doughnuts!!!!

July Water Use (MGD)



7/22/2016	9.865
7/23/2016	10.754
7/24/2016	10.873
7/25/2016	5.643
7/26/2016	10.732
7/27/2016	9.033
7/28/2016	8.354



The Latest Word From Wellness

AUGUST 2016



Seasons Change...

By Rachel Wilde PBT, CPT, MA

Inside This Issue:

NATIONAL SENIOR CITIZENS MONTH
Page 2:

-Making Your Bottom Your Top Priority

-Feel Great, Inside and Out

ASK THE HEALTH COACH
Page 3:

-How Can I Eat Healthier on the Go?

-Mindful Eating

HEALTHY RECIPE
Page 4:

--Chicken and Grape Salad

-Move It! Shoulders



And so do we! Change isn't without its struggles though. The challenge of evolving can sometimes be overwhelming and uncomfortable as we face a new mindset, new behaviors and sometimes some serious work. Some adjustments are necessary and other times it's a choice. Regardless of why we change, the rewards can be great. "If nothing ever changed, there would be no butterflies!"

With the shift of seasons nearly upon us, the current edition of our newsletter is all about change. Your CCH Health Coaches are excited to share these pointers which lead to feeling mentally and physically better, living better and moving better!

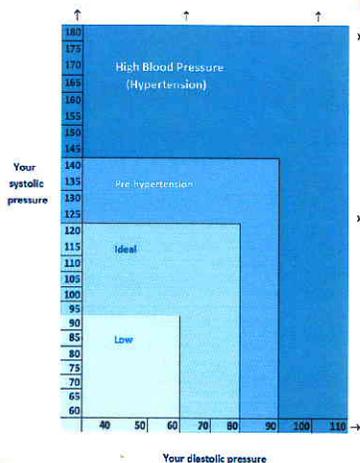
Continue reading to learn some great tips to help you boost the way you feel *about* yourself, improve your wellbeing *and* physical health *plus* build up your positivity muscles. You will also find great tips to help you adjust your outlook on your nutritional habits, whether you are sitting at your dinner table or eating on the go.

In addition to all the great articles about change, you will find several useful shoulder exercises and stretches, a tasty, late summer recipe and information about the latest colorectal cancer screenings.

Did you know?

High blood pressure usually has no symptoms so it can't be detected without being measured. High blood pressure increases your risk of heart disease and stroke. If your blood pressure is below 120/80 mm Hg, be sure to get it checked at least once every two years, starting at age 20. If your blood pressure is higher, your doctor may want to check it more often.

See your CCH Health Coach for your next blood pressure check!



Building Self Control Muscles

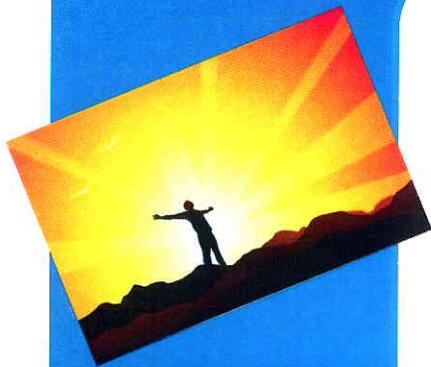
Much like building muscle in the gym, gaining better Self control takes discipline, practice and frequent flexing to achieve optimum results. If you have ever tried quitting a bad habit, you know what a challenge this can be!

Try a few of the following tips next time you are faced with a strong impulse, serious temptation or a lapse in restraint.

- *Set realistic goals— achievable goals will be small, and specific, not reaching for the moon.
- *Recognize Impulsive thoughts for what they are, short and fleeting and sometimes unreasonable.
- *Find a healthy distraction when will power is low. Remove yourself from the situation.
- *Eat, Sleep and Exercise. No one thinks clearly when hungry, tired and stressed.
- *Words are weapons. Write them, Speak them and share them to reinforce your ultimate goal.

"The chief cause of failure and unhappiness is trading what you want most for what you want right now" – Zig Ziglar

Make Your Bottom Your Top Priority



August is National Senior Citizens Month! CCH Wellness offers an iFOBT test, included with the Senior Wellness Panel. During the months of July, August and September, this panel will be offered for \$75 and includes a bonus blood pressure screening. Learn more at www.cchwyo.org/

There is an old joke that debates which essential organ really runs the human body—the brain or the heart. The punchline leads me to those goofy commercials you see on TV about regularity and loving your laxatives.

All jokes aside, Colon Cancer is the second leading cause of cancer deaths in the U.S., and assessing your risk of colon cancer with your doctor is an important step in maintaining your health as you age.

All adults aged 50 and older with an average risk for developing colorectal cancer should have regular colorectal cancer screenings. Below are some of the ones you may have heard about, or should know about:

1. Guaiac Fecal Occult Blood tests (gFOBT) and fecal immunochemical testing (FIT or iFOBT) search for hidden blood in the stool. They are typically recommended annually. This screening is less invasive and can be done from the comfort of your home.

2. The Cologuard Kit is a stool DNA test that has been heavily advertised recently and requires a doctor's prescription. This type of screening is recommended every three years. This screening is also less invasive and can be done from your home.

3. Colonoscopy or sigmoidoscopy tests are performed by surgeons to detect polyps or cancer, and are recommended every five to 10 years. This test requires a lot of prep work before it is done.

If you are 50 and older, please consider discussing these tests with your doctor, and decide which test is right for you.

Feel Great Inside and Out

Feeling great about yourself can be dependent on your satisfaction with several aspects of your wellbeing. For example, your physical health can affect your self-confidence. Intellectual, spiritual, social and emotional wellbeing are all intertwined and if one is affected, the others may suffer as well. Occupational and Financial concerns are front and center for many in our community! If you are struggling with any of these facets of your wellbeing, try a few of the following suggestions to feel better today!

- *Rest up with 7-9 hours of sleep nightly
- *Create opportunities to be more active— think “stairs instead of the elevator “
- *Get a breath of fresh air-literally
- *Eat something healthy
- *Pamper yourself
- *Honor the body you were given
- *Focus on the positives of any situation.
- *Change happens, so expect it!
- *Make friends, or improve relationships with co-workers
- *Apologize when you need to
- *Invest in your community, join a group of volunteers
- *Find a way to laugh every day
- *Be present and avoid distractions while enjoying friends or family
- *Know and understand your values
- *Say no to unneeded commitments
- *Create a plan to pay off debt
- *Create a detailed budget
- *Grow an emergency fund
- *Reduce clutter and save money by going paperless
- *Keep your mind engaged and keep up with current events
- *Play creative or stimulating mental games or puzzles
- *Spend 10 minutes clearing your desk
- *Take notes to help remember things
- *Read something positive
- *Instead of negativity, speak positively about yourself
- *Try something new— new food , new activity. New!
- *Pay it forward, help a stranger in need
- *Donate clothes you don't wear
- *Complement someone

Ask The Health Coach:

How Can I Eat Healthier On the Go?

By Rachel Wilde

Eating well while trying to manage a busy schedule is a common concern voiced among our COG health coaching clients. As summer nears its end, last-minute vacations, work trips, or running kiddos to and from sports practices or other activities picks up as well. So, what's a busy person to do? Check out a few of these simple, yet healthy, tips to help you successfully manage your nutritional needs!

1. Plan a menu. Use one day of your week to meal plan for the next week, grocery shop and pre-prepare snacks and meals, or even parts of meals so that you have the foods you need readily available. It's nearly a guarantee you will save money and calories by thinking ahead.
2. Be deliberate and freeze leftovers in reusable containers for convenient and FREE lunch options.
3. Keep fresh, seasonal fruits such as apples, pears or pre-bagged nuts in a bowl on your counter for easy grab-and-go access!
4. Avoid skipping meals or putting them off too long. You are bound to over eat if you are starving, and not thinking clearly because of it!
5. If you must eat out, research before you go—now-a-days, most chains offer their nutritional information online. "Healthy" options at fast food chains aren't always what they seem. Create yourself a list of healthier and lighter options at your go to restaurants.
6. Seek out simple foods that are nutrient dense and whole, or close to whole—and what we mean by that is lean proteins, fruits and veggies. It's hard to mess up a diet filled with raw or unprocessed food.

Seven Tips and Tricks to Practice Mindful Eating!

What's the best kept secret to weight loss? If you can believe it, it's not a fad diet or spending hours at a gym. This secret is safe, recommended by doctors and nutritionists, and it's something everyone can do for a lifetime. It's called mindful eating. If you do a quick Google search, mindfulness is "a mental state achieved by focusing one's awareness on the present moment, while calmly acknowledging and accepting one's feelings, thoughts, and bodily sensations, used as a therapeutic technique." Therefore, mindful eating is eating with the intention of caring for yourself, and the attention necessary for noticing and enjoying your food and its effects on your body.

Here are seven simple and effective tips and tricks for using mindfulness to help you shed some pounds.

1. **Power off and create a nourishing space.** This means remove all noises or distractions—no television, internet, magazines, newspapers, books, phones—and make the environment that you eat in calm and positive. Set your table and enjoy your meal there, not while standing at your kitchen counter or in your car on your way to work.
2. **Serve small.** Start with a smaller portion and use smaller cups, plates, bowls, etc. After all, you can always go back for seconds
3. **Notice everything.** Before shoveling food into your mouth, check in with your senses. Take time to notice the appearance, smell, taste, texture and sound (that first crunch of a carrot or apple). Smell your food. Touch it. As you take your first bite, really taste it.
4. **Put down your fork.** This trick is a tad harder than the others. Rather than plow through your plate of food, take a bite, set down your fork or spoon (after every single bite), taste the food, and then swallow. Refrain from taking another bite until you've completely chewed and swallowed. This will help you cut down on calories because you'll notice that you're full sooner.
5. **Make eating hard.** Cut your food into smaller pieces. Eat with your non-dominant hand, or use chopsticks. Creating barriers to easy eating brings your awareness to the moment as the act of eating requires greater focus. This also forces you to slow down, while also working on your fine motor skills.
6. **Use a timer.** Set a timer at chow time for 15-20 minutes and try to spread your meal evenly over the entire time. Use the extra time to savor each bite, consider the journey the food took to reach your plate, and imagine how you're nourishing your body and supporting your well-being.
7. **Assess your hunger and fullness.** Tune in before, frequently during, and after eating to determine whether you need more food. When you feel comfortably satisfied, honor that feeling and know that you do not need to eat more right away.

Want to learn more nutrition tricks? For a one-to-one nutrition counseling session, contact Jamie M. Marchetti, MS, RDN, LD, at 307.688.1731.

1.

Healthy Recipe:

CHICKEN AND GRAPE SALAD

Looking for a simple recipe to cool off after a blazing summer day? Try this recipe (originally featured in Home and Garden Digest) that showcases some of the best flavors of late summer— apples, grapes and red onions! For an added punch of protein, substitute plain Greek yogurt for the mayo.

INGREDIENTS

2 boneless skinless chicken breasts, boiled and diced
 1 cup seedless red grapes, each cut in half
 1 cup finely chopped celery
 1 cup salted cashews
 1 small Gala apple, finely diced
 ¼ cup finely chopped red onion
 ¼ cup finely chopped green onions
 ½-1 cup reduced-fat mayonnaise
 Juice of 1 lime (1-2 tablespoons)
 1 teaspoon chopped fresh dill
 Salt and pepper to taste



DIRECTIONS:

In large bowl, stir together all ingredients until well-mixed, adding salt and pepper to taste.

They say you carry the weight of the world on your shoulders. Muscular shoulders are not only visually appealing, our shoulders are the most flexible joint in our body! Lack of shoulder stability and strength can impact your neck and back mobility *and* your quality of life.

Try a few of these basic shoulder exercises and stretches for stronger, more flexible shoulders!



Shoulder Front Raise



Shoulder side raise



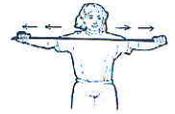
Shoulder rear delt raise



Plank Push ups



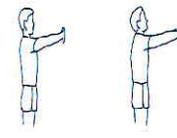
Shoulder stretch



Band Pull-aparts



Neck stretch



Upper back stretch



Chest stretch

Generally, doing 3 sets of 12 repetitions, 2-3 time/week per exercise helps to build strength and stamina.

Stretches should *feel good* and be held for approximately 30 seconds to be effective.

Work It!

YOUR COG HEALTH COACHES:

TANYA ALLEE

tanya.allee@cchwyo.org

RACHEL WILDE

rachel.wilde@cchwyo.org

HEATHER EDWARDS

heather.edwards@cchwyo.org

Have Questions?

Campbell County Health's [Wellness Services](#) works to reduce health risks and promote overall wellness among employee groups and individuals across the northeastern Wyoming region. To learn more about Wellness, please visit www.cchwyo.org/Wellness or call 307.688.8051.

**“The Latest Word From Wellness”
 Is provided by
 Campbell County Health Wellness**

**For questions or comments
 please contact:**

**Rachel Wilde
rachel.wilde@cchwyo.org
 CCH Wellness
 1901 Energy Court**

**YOUR STORY
 Isn't Over Yet**

Text “ENERGY” to 741-741

24/7 Crisis Line 307-688-5050

**National Suicide Prevention Lifeline
 1-800-273-TALK (8255)**

CCH Behavioral Health Services



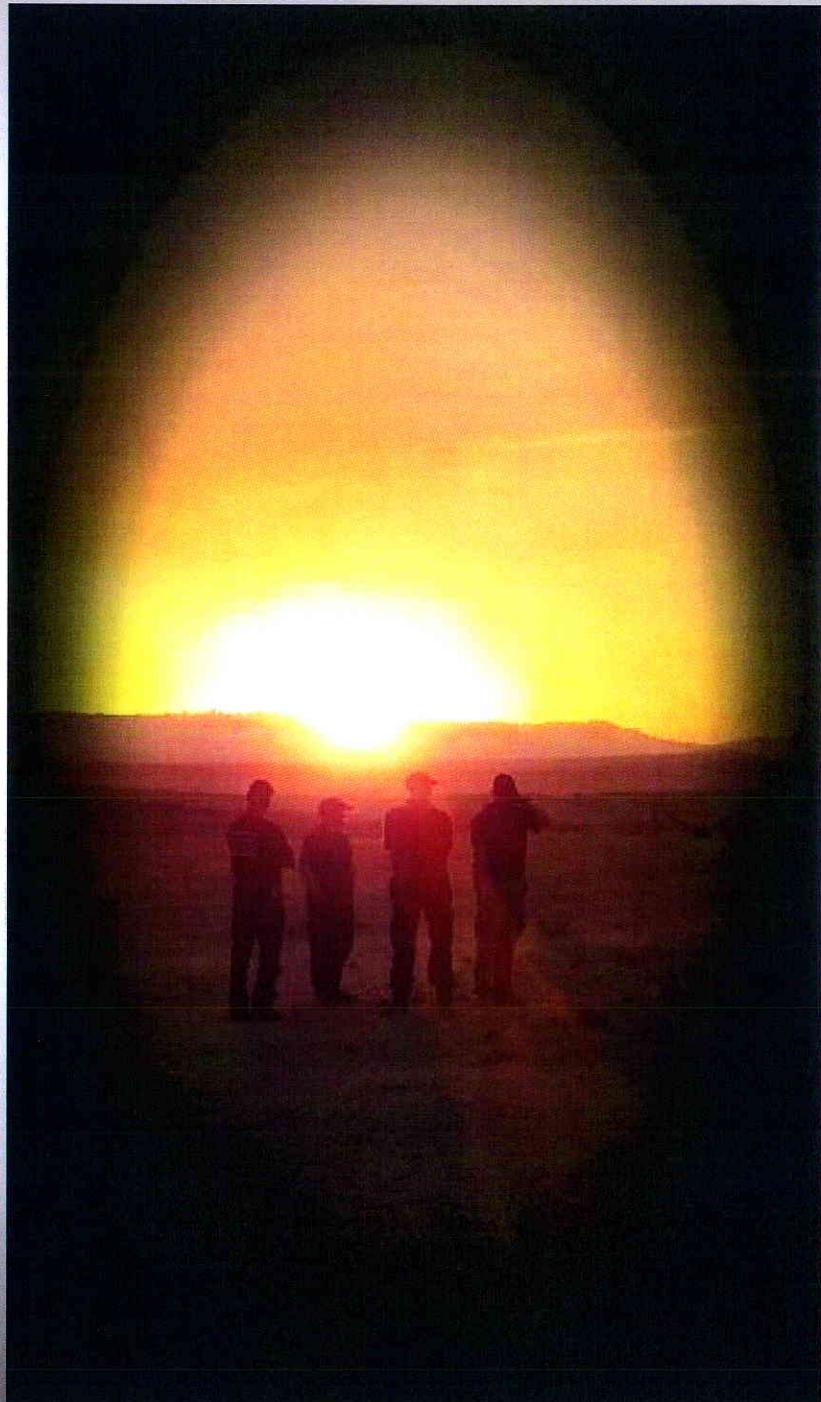
Campbell County Fire Department Newsletter

Issue 35 August 2016

Editors: Admin Staff

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Picture by Bub Lara

From the Chief

So far in this series we have touched on Competency and a defined Body of Specialized Knowledge that need to be mastered as hallmarks of Professionalism. This month we will explore the qualities of Honesty and Integrity, Trust, and Humility as they pertain to Professionalism.

As we all know, the citizens we serve have a level of trust in our members not extended to the general public. When we answer a call for service, we are usually being called because the citizen has a problem that nobody else is trained or equipped to handle. Trust is of the utmost importance in public safety. The citizens must have trust in us for us to be able to perform our jobs. They trust us with their personal property, their safety, their loved ones, their privacy, and most importantly their lives. Any breach of this trust hurts us as an organization, and it also hurts the fire service as a whole. The legacy of trust established by those that preceded us is imperative, and it is incumbent upon us to continue that legacy. Each firefighter is responsible to maintain the reputation that he or she is trustworthy and reliable.

Integrity is also an extremely important quality a firefighter must have and maintain. Integrity and trust are essential to any high-performance team. We must trust our team members implicitly with our lives, the reputation of the organization and the fire service, our privacy, and our safety. A firefighter without integrity can never be trusted in the firehouse, on the fire ground, or in the community. Something to always keep in the forefront is that all of you are my eyes and ears when I am not present. In order for our team to function at the level I expect, I must trust each and every one of you at all times. Without integrity, I cannot trust you; and, if I cannot trust you, you will be removed from our team. It will only take one lapse in judgment to breach my trust and other team members as well. Without trust and integrity, the cohesiveness of our team is no longer present, and without it we are nothing. This is the high expectation I have of every member of this organization; so, please represent the department with this expectation at all times.

Firefighters are a special breed. We witness man's inhumanity to man. We see things that others cannot imagine. Fire service professionals recognize that they are special without needing a constant spotlight. Humility is what keeps the true professional grounded and able to function at an extremely high level at all times. Our rewards come in many different forms. We celebrate our successes, and that is OK. Humility is what prepares us for the next call where we may fall short, and keeps us going. Please remember, our best day is most likely our customers' worst day. Act accordingly.

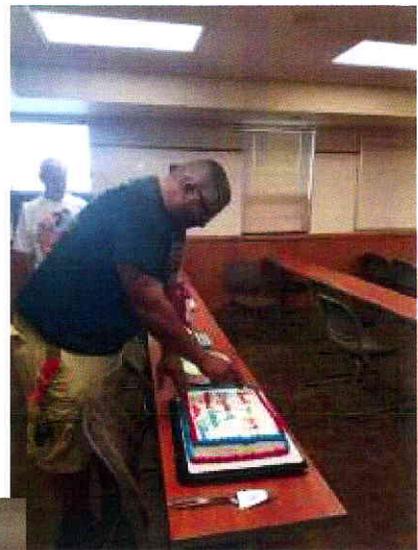
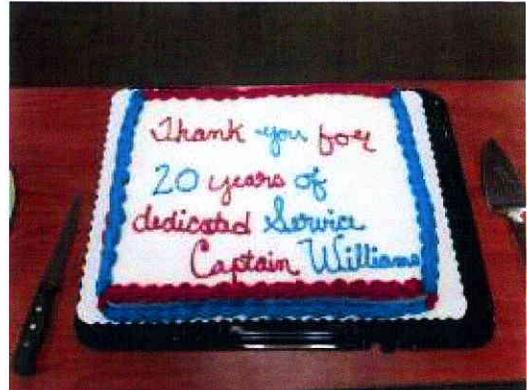
There are some who believe that humility is a true sign of weakness. Nothing can be farther from the truth. A humility is a trait that most great individuals possess and openly display regularly. Humility is a sign of tremendous confidence. Humility allows the confident individual to admit when they may not always know the answer or be the correct individual for the assigned task. It allows us to learn at every opportunity and better prepare ourselves for what may come. True humility is a true sign of an inner strength.

Honesty and Integrity are inner traits that we either have or don't have. They are often learned at a very early age. They can be taught and emulated by anybody. They are extremely fragile and are subject to forfeiture at any time. The cost of regaining trust and reestablishing trust may very well take a lifetime to reestablish. Guard it closely, and think about how this precious personal quality can be damaged or lost with every action, decision, or interaction.

Humility is a sign of confidence and strength. It is a trait of a true professional. A humble person is a true servant leader no matter position, rank, or status. We are in the service business. If you serve the needs of others with humility, your personal rewards will be infinite. In addition to serving the general public, we also continually and humbly serve our fellow members. No exceptions.

Captain Thomas Williams Retirement

Congratulations Captain Thomas Williams on your 20 years with the department. Hope you enjoy your retirement and whatever your future endeavors will be. You will be missed!



Pictures By Jerrica Johnson

August 2016

Birthdays!

Chad Reid	8/1
Dan Smith	8/2
JaNohn Thacker	8/3
Matt Avery	8/5
Michael Straight	8/7
Kelly Abelmann	8/8
Zachary Maroney	8/14
Jessica Schultz	8/18
Dustin Knight	8/20
Tanner Evans	8/21
Raymond Amende	8/22
Chad Love	8/22
Robert Buchanan	8/27
Beth Morgan	8/28
Mike Ratcliff	8/30

August 2016

Anniversaries!

Eric Acton	8/2	21 Years
Sam Clikeman	8/29	16 Years
Charles Fahlgren	8/30	16 Years
Mike Buchanan	8/30	14 Years
Chad Reid	8/18	7 Years



**THE DEADLINE
FOR
SEPTEMBER'S
NEWSLETTER
ARTICLES IS:**

**August 29, 2016
@ 5:00p.m.
dcrippen@ccfire.us**

August 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <i>Hazmat</i>	2 <i>Wellness</i>	3	4	5	6
7	8	9 <i>Chief's Meeting</i>	10 <i>Board Meeting</i>	11	12	13
14	15 <i>Cadet Meeting</i>	16 <i>Captain's Meeting</i>	17	18	19	20
21	22 <i>Cadre Meeting</i>	23	24	25 <i>Business Meeting</i>	26	27
28	29	30	31			



LINE OF DUTY DEATHS:

2016 Year to date: 48

So sad how many this month. Be careful out there!

Location	Name	Age	Cause of death
Drexel Hill, PA	Dep. Chf. Micheal Morgan	48	Cerebrovascular accident
Austintown, OH	FF John Fritz	48	Unknown
Dakota City, NE	Capt. Eric Speck	38	Heart Attack
Harrison TWP, MI Injury	Lt. Andrew Russell	48	Complications of On-Duty
Reno, NV	FF Will Hawkins	22	Apparatus Crash
Reno, NV	FF Jacob O'Malley	27	Apparatus crash
Eatontown, NJ	Eng. Richard Zadorozny	66	Heart Attack
Lewes, DE	FF Tim McClanahan	46	Fall From Helicopter
Freeport, IL	Capt. Eric Kohlbauer	52	Aortic Rupture
Plainview, AR	FF Lance Crawford	50	Apparatus Crash
Montreal, WI	Asst. Chf. Mitch Koski	56	Drowned in Flash Flood
Clermont, FL	FF Joseph Demarinis	32	Heart Attack
Owego, NY	Fire Coordinator John Scott	71	Struck By Backing Vehicle
Philadelphia, PA	FF Gabriel Lee	42	Unknown
Oxford, NH	FF Charles Waterbury	56	Unknown
Utica, MO	FF Edward Cosgrove	53	Heart Attack
Cyclone, PA	FF Donald Ishman	60	Struck By Backing Apparatus
Hoyt, KS	Capt. Michael Schultz	47	Apparatus Crash

QUOTE OF THE MONTH:

Firefighters never die, they just burn forever in the hearts of the people whose lives they saved. -

Susan Murphree

HISTORY:

1970 Headline

Volunteers Nix Paid Fire Chief: New Truck Okayed.

A Proposal to hire a full time, paid fire chief of the Gillette Volunteer Fire Department met with disapproval and the idea was dropped during the regular meeting of the Gillette City Council. "If we are going to follow the directions of a fire chief, which at some time might endanger our lives, we want to retain the right to choose him through an election of the department's members." Mick Okray, spokesman for the volunteers, told the Council. The department had proposed a paid fire inspector. The council wanted to combine the fire chief and fire inspector position. Okray then asked that a fire alert radio system and a new fire truck be included in the coming year budget. He said there were ten members of the 30 member department who could not be reached by telephone in the event of a fire. Okray pointed out the department had an agreement with the Council a year ago to save enough of their budget in a two year period to buy the estimated \$12,000 system. Council Members pointed out that any money spent by a department in a fiscal year couldn't be saved and extended over into the following year. A new budget is drawn up each year.

DRAWN BY FIRE™

BY PAUL COMBS



© Paul Combs www.ArtStudioSeven.com

Congratulations Bill Cuchine on getting your Black Helmet

Where are you from? Missoula, MT left when I was 18 for the military

Which secondary (high) school did you attend? Hellgate High School; Played Football and Wrestled

Do you have any post-secondary education? Texas A&M Bachelors in Mechanic Engineering

When and why did you move to Gillette? Moved to Wyoming in July 2009 to Douglas WY to take a job at Cloud Peak Energy then Rio Tinto and then to Gillette in April 2015.

What company do you work for and what is your primary Job? Cloud Peak Energy Maintenance Lead

Why and when did you decide to become a firefighter? In 2011 I joined Converse County Search and Rescue and 2012 I Joined the Douglas Volunteer Fire Department. I joined these two organizations because I enjoy helping people and things for the community.

How long have you Volunteered with CCFD? Since Academy started in January 2016. In 2011 I joined Converse County Search and Rescue and 2012 I Joined the Douglas Volunteer Fire Department.

Is there a particular aspect of firefighting that you enjoy more than others I love it all

Do you have a significant other and/or children? Fiancée Shanna Wilcox works at Cloud Peak Energy as heavy Equipment Operator and going to school for Health Nut

Daughter Leigh Cuchine 12 Swimming and marching band

Step daughter: Belle Wilcox 19 Going to college for nursing

Step Son: Drew Wilcox 14 Plays hockey

Favorite...

Tool? I love all tools.

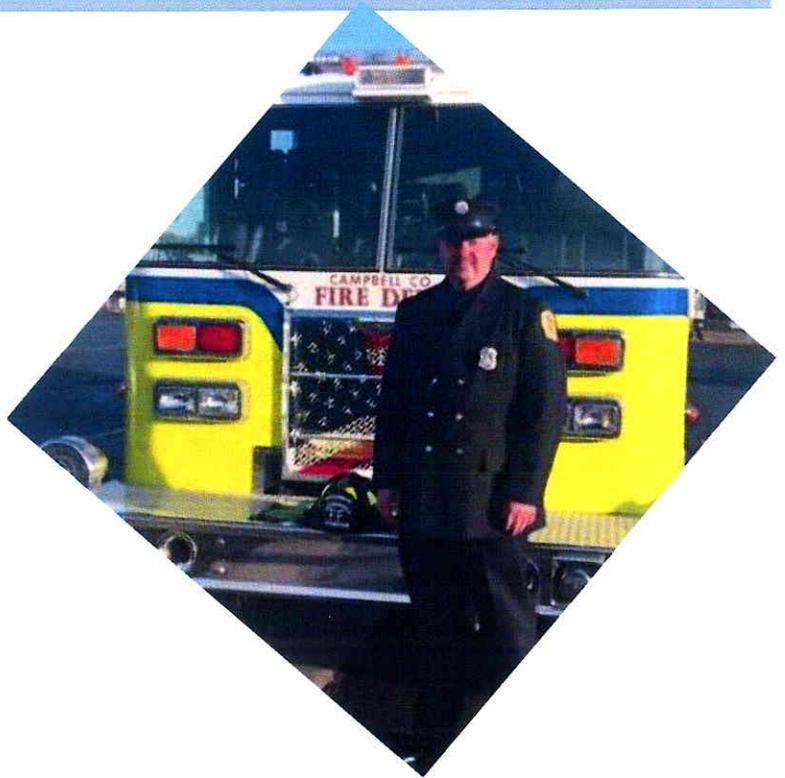
Sports team? Texas A&M

Food? Pizza all the way

Beverage? If its adult I'll drink it

Movie? The Green Mile

Color? Green



Kenedy Ranch Fire



Rich Hauber initiates a burn late in the afternoon to button up a flank

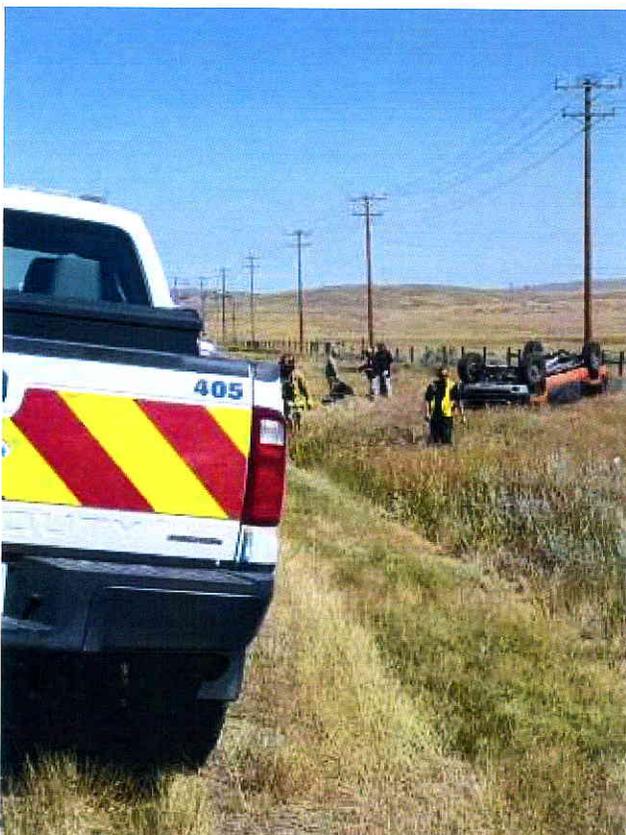
SEAT drops helped to quickly get ahold of fire



Pictures by Tim Williams

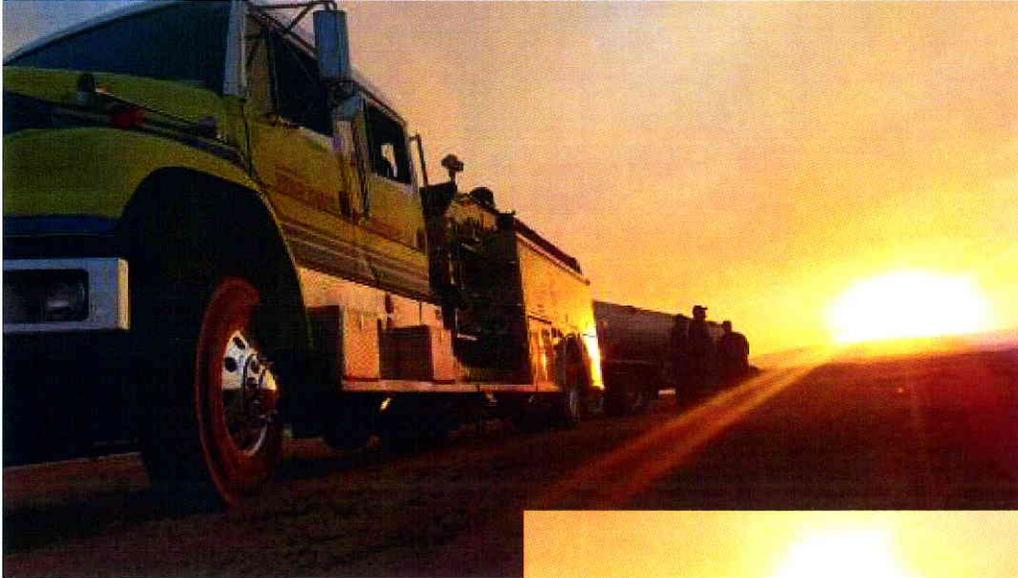
Fire Response (7/20/16)

This morning at approximately 10:12am, Campbell County Firefighters responded to the area of N. HWY 14/16 for a one vehicle rollover. The driver was lucky to have sustained only minor injuries during the accident. Please remember the importance of wearing your seat belt and staying focused on the road in front of you. There's always someone that needs you to come home safely.



Pictures By Bub Lara

Pictures of Slattery at the Knickerbocker fire and the others were from the structure support for cedar draw fire

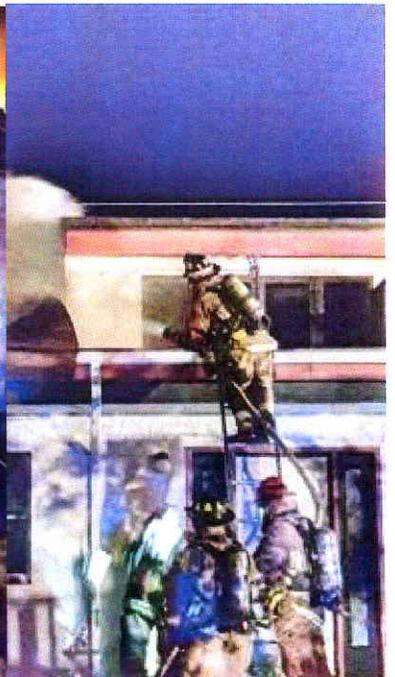
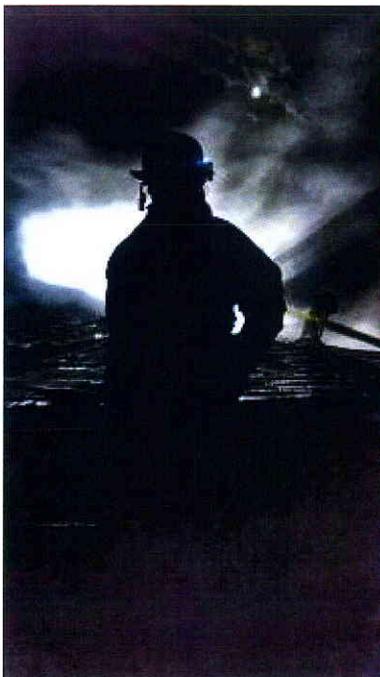


Sleepy Hallow Structure Fire



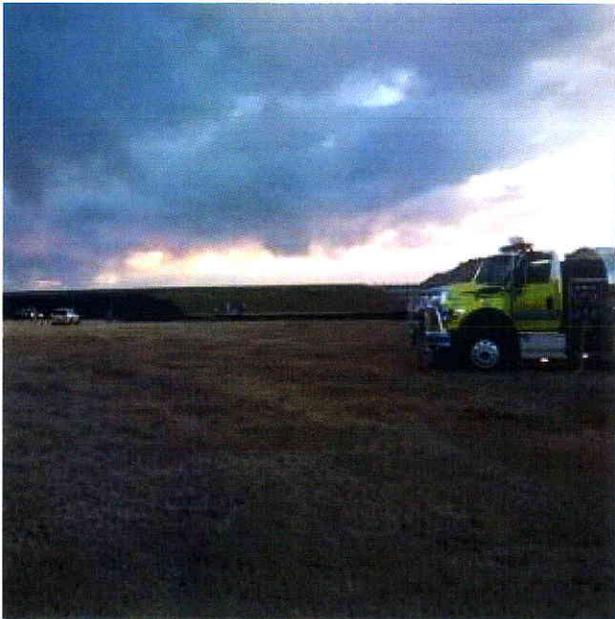
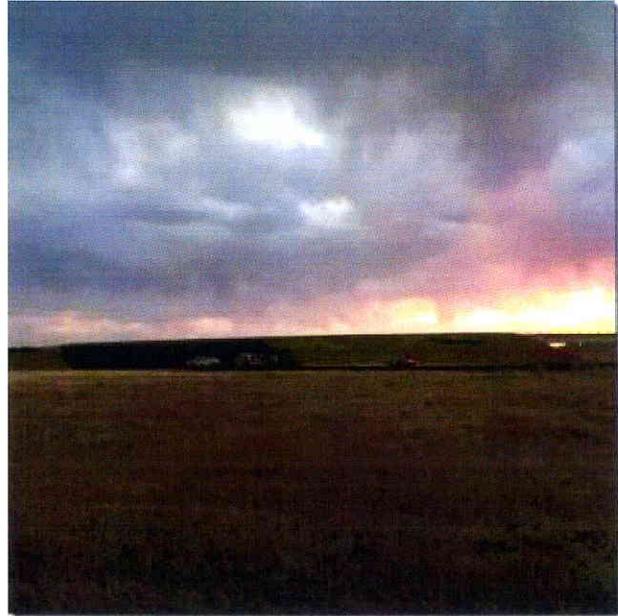
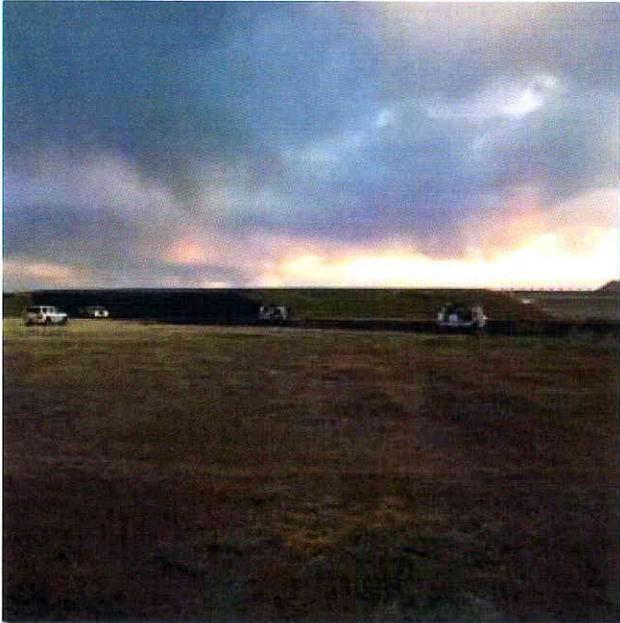
Ridge Way Road Fire (7/15/16)

Last night at approximately 9:50pm Campbell County Firefighters responded to the area of Ridge Way rd. for a report of a structure fire. Units arrived on scene to find a working structure and grass fire being pushed by wind. As of 4:00am, crews remain on scene fighting a very difficult and stubborn fire. The cause of the fire is currently under investigation.



Fire In the Sky (7/21/16)

Fire in the sky at Mile Marker 139 on I-90



Pictures by: Richard Chafee

Buffalo Creek Fire (7/11/16)

Lightning caused fire reported to CCFD on July 11th. Crews contained the fire late evening on July 11th and remained on scene through the day on July 12th to ensure fire did not rekindle.

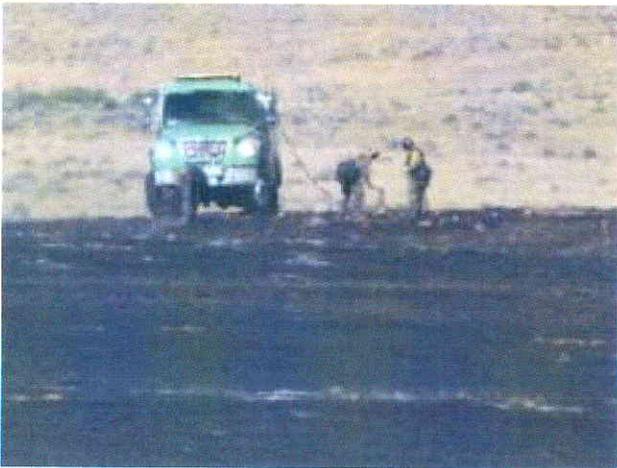


Crews extinguishing hot spots



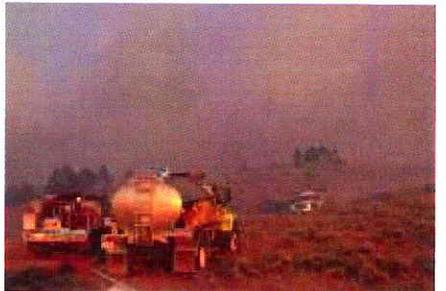
Fire line constructed by hand to contain the fire

Cow Creek Fire (7/17/16)



Pictures by: Bob Ernst

Cedar Draw Fire



Pictures by: Cody Shank

Cedar Draw Fire Continued



Pictures by: Cody Shank

4th of July

It was a wonderful day with all of you today. Over 1,700 of you came through our doors for the Pancake Feed, followed by seeing you all at the parade, and then the water fight over at Bicentennial Park. With all of this fun, don't forget to stay hydrated during the summer heat. Another awesome year and it was all thanks to the great people of Campbell County!!!



National High School Rodeo (7/21/16)

There's nothing like getting involved with the public and doing some team building as a crew as we start our shift for the night. We're enjoying our time with all of you at the NHSFR!!!



National High School Rodeo (7/19/16)

It's another great day to be out with the National High School Finals Rodeo. Today we are assisting with the small bore, light rifle competition and also out at the Complex.



Swear in Ceremony

Congratulations to Chief JR Fox, Lieutenant Peter Rossi, Lieutenant Dan Smith, and Bill Cuchine!



Swear in Ceremony Continued



Bench Warmers

Co-Ed Softball Team started by Geraghty Kirsch, Made up of Fire, EMS, and Hospital Employees.
Come out and support the team!



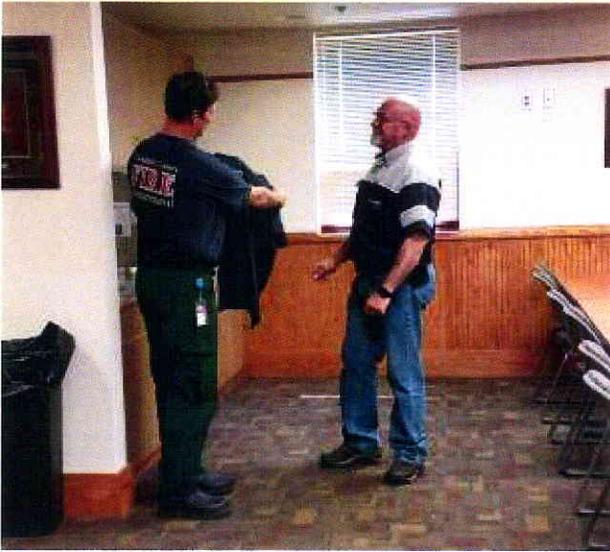
Peter Rossi Batting



Chad Richards Pitching

Pictures By Jerrica Johnson

Saying Happy Retirement to Ray with Norco

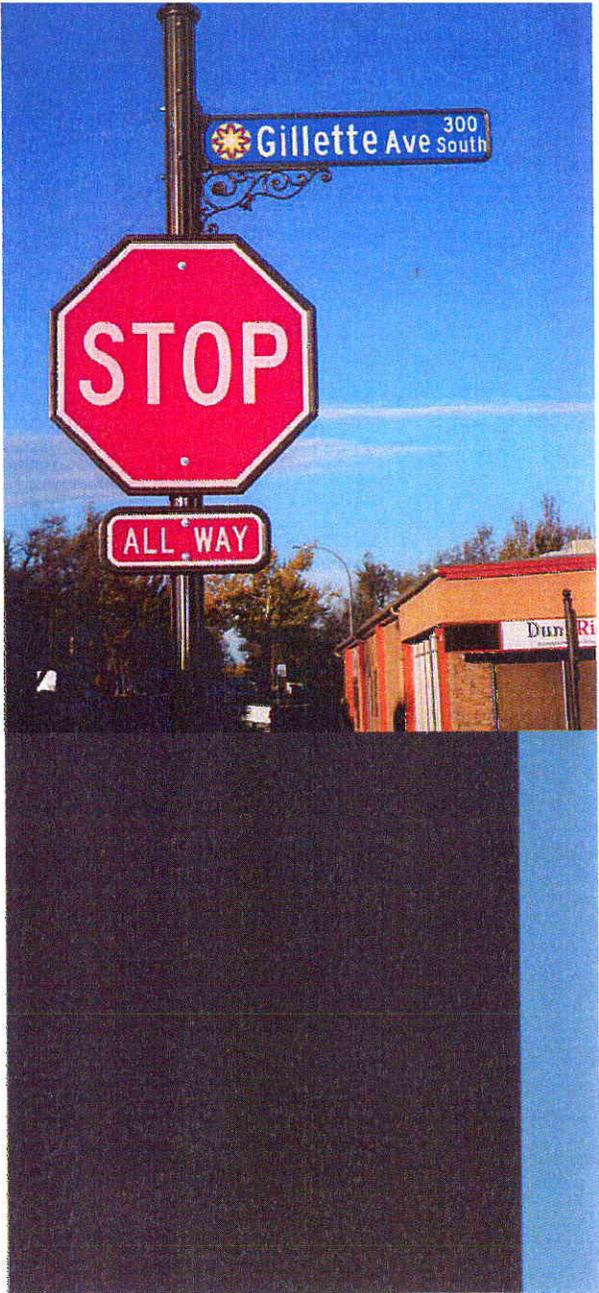


Rob Presented Ray Mapel with shirt from CCFD and we all thanked him .



Pictures by: Jerrica Johnson

Gillette,
thank you
for your
partnership



HDR is 100% Employee Owned

Our 15 employees come to work each day knowing that what we do benefits our clients as well as the value of our company. It's a unique part of our culture that instills passion and responsibility.

By helping our clients realize their goals, we are creating lifelong relationships that strengthen our company and the community we live in.

HDR is our company, and Gillette is our home. We're committed to working in Gillette and being a part of the community's history, as well as all the good things to come.



Heath Turbiville, PE
WATER SECTION PROGRAM
MANAGER



Heath Turbiville, PE
TRANSPORTATION
PROGRAM MANAGER



Todd Mattson, PE
TRANSPORTATION



Nick Van Wyhe, PE
WATER/WASTEWATER



Justin Starck, PE
WATER/WASTEWATER



Gary Anderson, LS
SURVEY



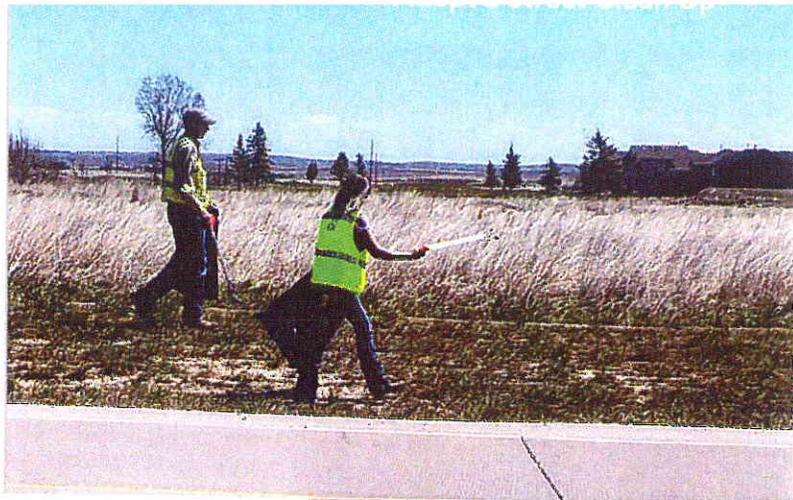
Nolan Fraser, LSIT
SURVEY



Denene Humphries
CADD



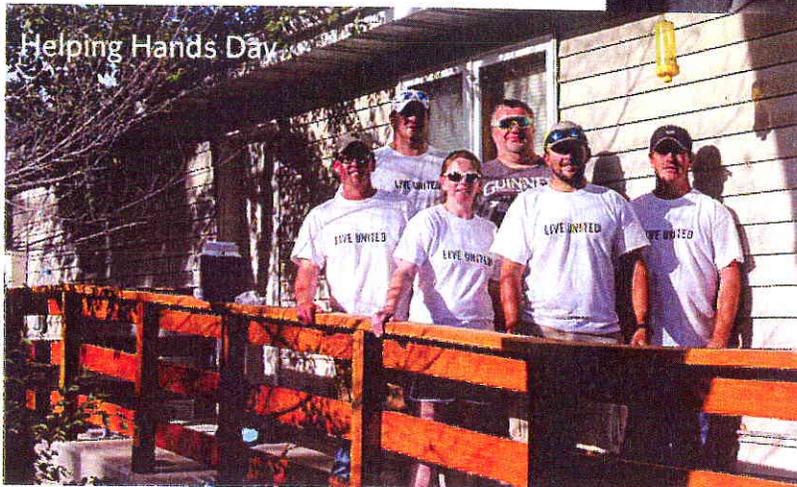
Julie Oakley
CADD



Giving Back to Our Community, Our Home

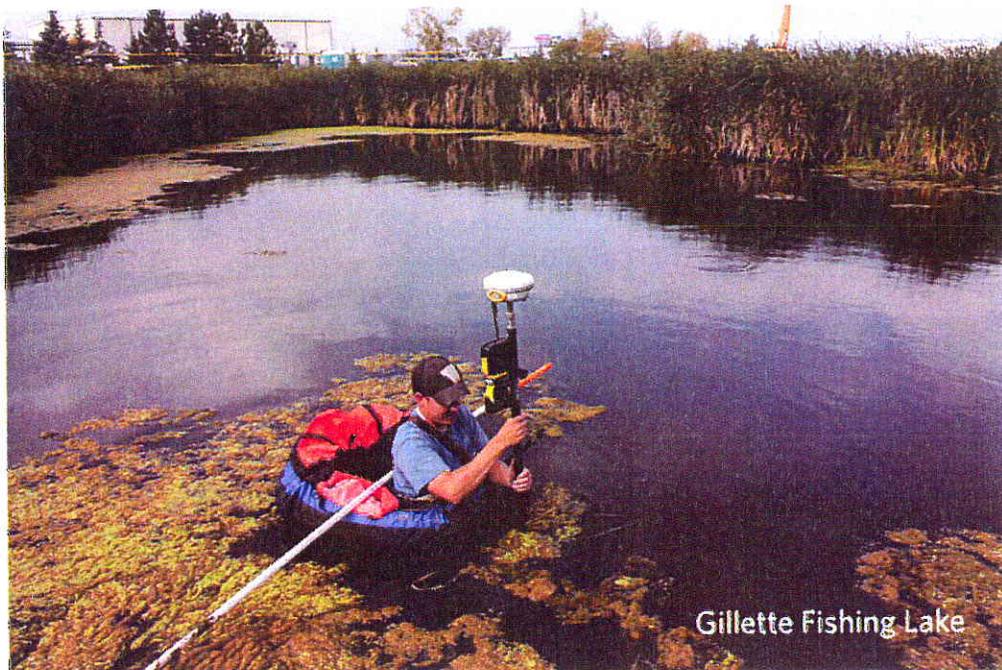
Both as individuals and a company, we take pride in making our community even better. Here's a short list of our recent community outreach projects:

- Adopt a Street Program
- Adopt a Planter Program
- Relay for Life
- United Way Helping Hands Day
- Blessings in a Backpack
- Activities in the Schools for Engineering Week
- Treat Street



HDR in Gillette - Our Philosophy

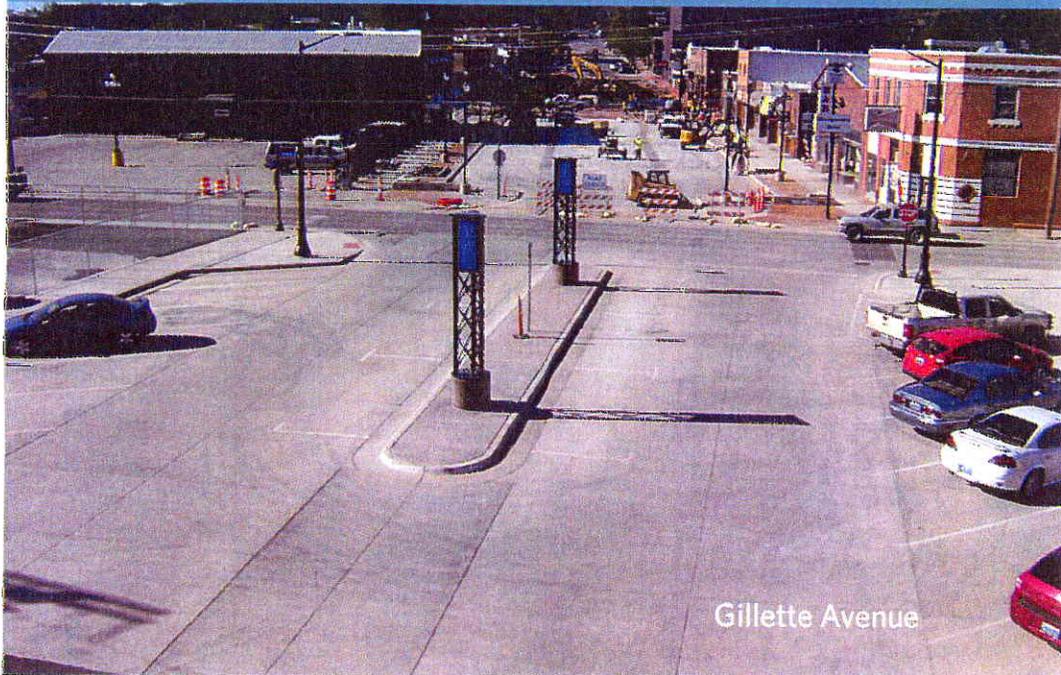
- Our targeted business plan **focuses on public clients, including the City of Gillette** and state government agencies, to avoid conflicts that may occur when pursuing both private and public clients.
- HDR does not accomplish every project alone; we regularly team and work with other local professional service firms to successfully complete projects of all scale and scope.
- We are committed to providing a **full spectrum of services to our clients**, including public involvement, environmental and surveying needs.
- **Our investment in the community is not limited by scope or schedule.** Projects, both large and small, are viewed with equal importance because they are the means which allows HDR to continue to employ local, top-quality professionals.



Progress is Made Together.

Over the last two decades, we have worked closely with City staff to successfully tackle transportation, water, wastewater, environmental, and other challenging projects, collaborating to grow our community into what it is today.

Our current staff of 15 includes civil engineers, surveyors, CADD professionals, and administrative staff who are dedicated to making every project a success. **While projects and community needs have evolved over the years, HDR's commitment to the City of Gillette remains strong.**



Gillette Avenue

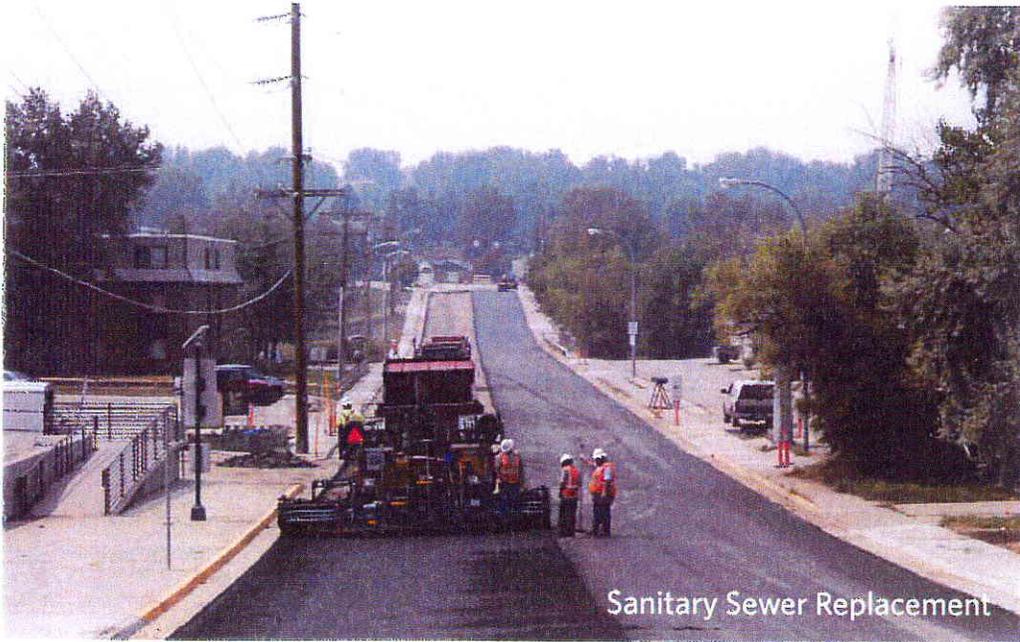


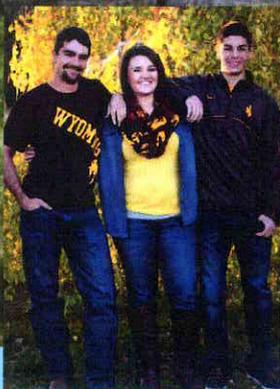
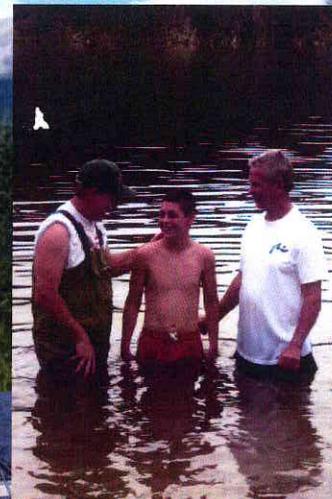
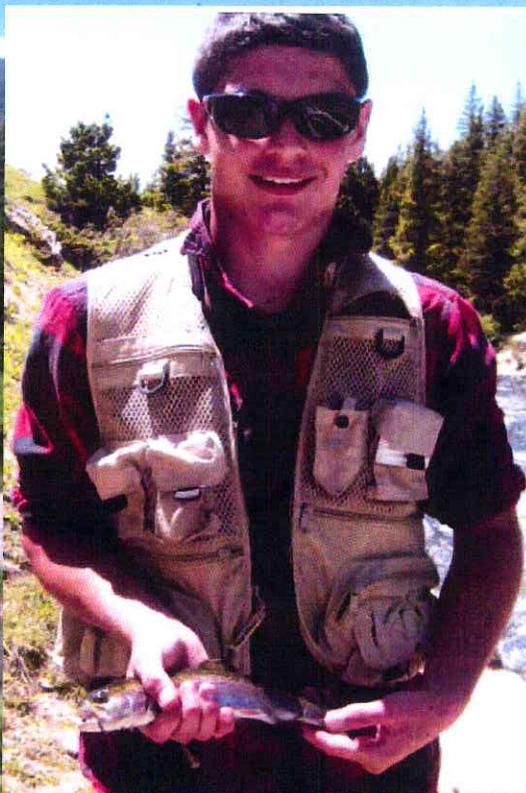
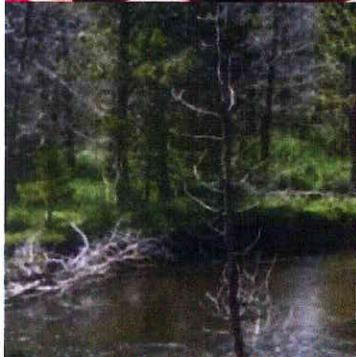
601 Metz Drive
Gillette, WY 82718
307.228.6000

hdrinc.com

We practice increased use of sustainable materials and reduction of material use.

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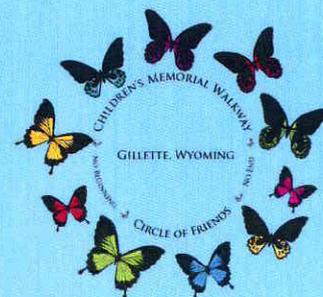
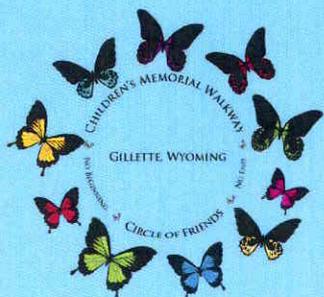




Children's Memorial Walkway Remembrance Ceremony

Saturday, July 30, 2016 1:00 p.m.

Welcome: Mayor Louise Carter-King
Speaker: Tom Ford, Mayor's Art Council
Honorary Speaker: Trish Simonson in honor of Kaden Simonson
Poetry Reading: Deanna Scalzo
Reading of the Memorials
Dove Release
Butterfly Release





BNSF Railway cordially invites you and your guest to join us onboard for a reception and dinner in honor of Gillette's 125th Anniversary and selection as a BNSF Railway Heritage Community.

Sunday, August 21, 2016
5:00pm to 7:00pm (stationary dinner)

Boarding Location:
BNSF Business Cars
107 North Gillette Avenue

RSVP to Patti Davidsmeier by August 15, 2016
patti@gilletewy.gov



2016 FUNDRAISING is underway!

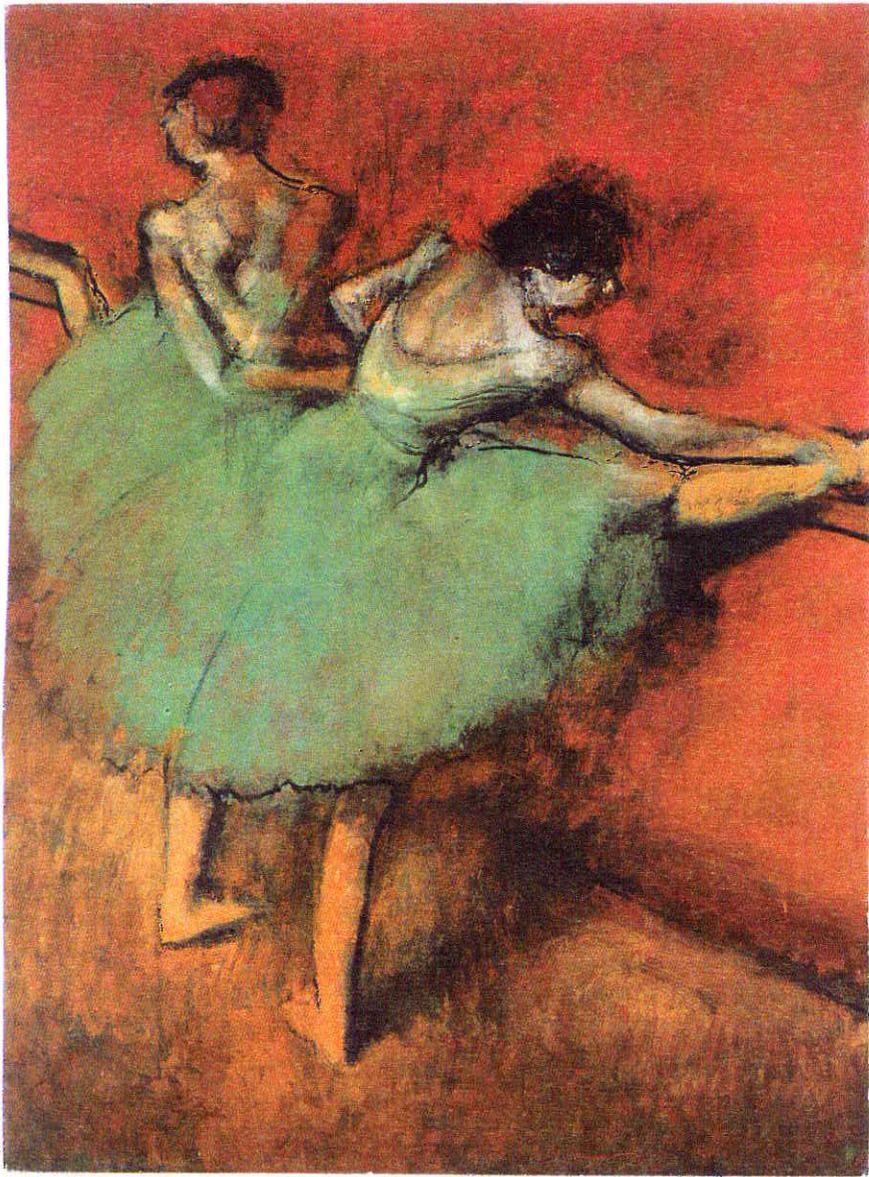
Shirts are now available for \$12 each

Sizes Medium, Large and XL available

Other sizes available by special order

Contact Tonya at 660-7907





City of Dulles.
The Best!!!

We at Table Number
23 appreciate your
sponsoring our lunch.

Thank you -

Ruth Steffen

Marge Ruby

Leslie D. Wall

John A. Hart.

Maudy's Bridgeman

Aris Clark

John Wold

Thank You

Thank you so much for # 2
you do for us - We appreciate
all your kindness

Margaret Chan

Casey & Paul Woods

Donnie Lampman

Colleen Heese

Betty Beesley

Mary Jo Younglund

Marie Martellaro